



EMOTIONAL INTELLIGENCE
TRAINING

EFFECTIVE COMMUNICATION

We will help you develop your EQ toolbox for
the digitized century

SIMULATE, EXERCISE & COLLABORATE

with Nadja El Fertasi, CEO/Founder





TRAINING OBJECTIVES

Your EQ Toolbox to
help you Thrive

During the Effective Communications EQ Training, participants leave with practical strategies and tools based on the non-violent communication method. We use innovative exercises to foster constructive and effective communication which lead to desired outcomes, common ground and win-win situations.

Visit our website at www.nadjaelfertasi.com for more information about emotional intelligence. Email us at info@thrivewithEQ.com for inquiries.

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